

Update on Diabetes Management

A Certificate Course for Clinicians

28-29 November 2009

Cheung Kung Hai Conference Centre
Li Ka Shing Faculty of Medicine
The University of Hong Kong
Sassoon Road, Hong Kong

- ❖ Conventional and novel anti-diabetic drugs
- ❖ Insulin therapy: Practical issues
- ❖ Multi-disciplinary management of diabetic complications
- ❖ Dietary and interventional therapy for obesity in diabetes
- ❖ Cardiovascular investigations in diabetes
- ❖ Dermatological management in diabetes

Faculty

Dr Annie OO Chan	Dr Liza HY Ong
Dr Carmen WS Chan	Ms PM Tse
Dr WS Chow	Prof David SH Wong
Dr Andrew YY Ho	Dr YC Woo
Dr KK Lee	Mr Michael HF Yam
Ms Cynthia SY Leung	Ms Amy SW Yee
Ms SK Leung	Dr CK Cheung
Dr Felix FK Li	Ms Emily WC Yeung
Dr Windsor WW Mak	Ms Eva CK Yuen

Organizing Committee

Prof Karen SL Lam (Director)
Dr Annette WK Tso (Chairman)
Dr WS Chow
Dr Joanne KY Lam
Ms Elaine LY Leung
Dr Liza HY Ong
Dr Kathryn CB Tan
Ms Karen KC Wong
Dr Michele MA Yuen

Co-organized by KK Leung Diabetes Centre, Queen Mary Hospital and
Research Centre of Heart, Brain, Hormone and Healthy Aging, The University of Hong Kong

CME Accreditations for two days conference:

College of Family Physicians	10 points
College of Obstetricians & Gynaecologists	5 points
College of Ophthalmologists	5 points
College of Physicians	4 points
MCHK CME Programme (Including Department of Health, HK Doctors Union, HK Academy of Medicine and the HK Medical Associations)	10 points



Enquiries : Ms Judy Yiu

Tel: 2559 9973 Fax: 2547 9528 Email : udm2009@icc.com.hk

<http://www.hku.hk/medicine/udm.htm>, <http://www.hku.hk/hbha>

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WELCOME MESSAGE FROM THE DIRECTOR Prof. Karen Lam

The prevalence of diabetes is rising worldwide, by about 3% per annum, with a total of 210 million cases expected by 2010. In Hong Kong, diabetes is a common health problem affecting one in ten adults. Over the past decade, the advent of new diagnostic criteria, the development of novel anti-diabetic agents and the advances in monitoring systems and treatment devices have led to considerable changes in our approach to diabetes management. This course aims to equip practicing clinicians with the most updated information and knowledge on the provision of comprehensive diabetes care. Specialists will be invited to share their expertise on various aspects of diabetes management with our participants so that they, in turn, can help their patients to achieve optimal metabolic control and reduce the risk of long-term complications. Emphasis will be placed on an interactive approach and a hands-on learning experience. We cordially invite you to join in this enjoyable weekend course.

Course Outline

- Conventional and novel anti-diabetic drugs
- Insulin therapy: Practical issues
- Multi-disciplinary management of diabetic complications
- Dietary and interventional therapy for obesity in diabetes
- Cardiovascular investigations in diabetes
- Dermatological management in diabetes

Entry Requirement

Open to all local/ overseas general practitioners or specialists. Participants must have a degree in Medicine.

Time and Venue

28 November 2009 (Sat) 12:40pm to 6:00pm
29 November 2009 (Sun) 9:00am to 3:20pm
Venue: Cheung Kung Hai Conference Centre,
Li Ka Shing Faculty of Medicine,
The University of Hong Kong

Accreditation

Certificate of attendance will be awarded to participants upon completion of the course. Relevant CME points will be accredited. Please check our website for full list of colleges.

Course Fee

Full Registration: HK\$1,500
Day Registration: HK\$800
Closing Date for Application: 30 October 2009

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Ms. SK Leung Dr. CK Yeung
Dr. Felix FK Li Ms. Emily WC Yeung
Dr. Windsor WW Mak Ms. Eva CK Yuen

28 November 2009 (Sat)

- 12:40-13:00 Registration
- 13:00-14:30 Lunch
Hands-on Workshops:
Living with Diabetes
- (1) *Complications Assessment*
Retinal Photo / Foot Assessment /
Body Fat Analysis / Desktop
HbA1c / Lipids
- (2) *Self Management*
Glucose Meters / Insulin
Appliances
- (3) *Dietary Advice*
Food Choices in Diabetes and
the Metabolic Syndrome
- 14:30-14:50 The Smart Doctor
- 14:50-15:30 Advances in Anti-diabetic Therapy
- 15:30-16:10 Challenges in Insulin Initiation in the
Clinic Setting
- 16:10-16:40 Tea Break
- 16:40-17:20 Management of the Sick Patient with
Diabetes - Practical Aspects
- 17:20-18:00 Addressing Dyslipidaemia in Diabetes

29 November 2009 (Sun)

- 09:00-09:20 Registration
- 09:20-10:00 Update on the Management of
Diabetic Neuropathy
- 10:00-10:40 Screening and Management of
Diabetic Retinopathy -
State of the Art
- 10:40-11:20 Optimizing the Management of
Diabetic Nephropathy
- 11:20-11:50 Tea Break
- 11:50-12:30 Interventional Therapy for Obesity
- 12:30-13:00 All Foods Can Fit - Also for Diabetic
Patients?
- 13:00-14:00 Lunch
- 14:00-14:40 The Treatment of Skin Problems in
Diabetes
- 14:40-15:20 Advances in Non-invasive
Cardiovascular Imaging

Registration Form

Update on Diabetes Management (A Certificate Course for Clinicians)

Title: Prof. / Dr. (Please delete as appropriate)

Name: (English) _____

(Chinese) _____

Institution/ Dept: _____

Mailing Address: _____

Tel: _____ Fax: _____

Email: _____

Fee (Non-refundable)

Full Registration HK\$1,500

Day Registration HK\$800

28 November 2009

29 November 2009

Closing date for application: 30 October 2009

Web: <http://www.hku.hk/medicine/udm.htm>

Enquiry: Ms. Judy Yiu

Email : udm2009@icc.com.hk

Tel: 2559-9973 Fax: 2547-9528

This form together with a crossed cheque payable to
"Queen Mary Hospital" should be returned to:

c/o International Conference Consultants Ltd
Unit 301, The Centre Mark
287-299 Queen's Road Central
Hong Kong