MRS IVY WU FELLOWSHIPS
FOR PRC ACADEMICS
胡應湘夫人
中華人民共和國學者獎學金
1994 - 2003

Faculty of Medicine
The University of Hong Kong
香港大學醫學院
創辦人胡應湘夫人獻辭

相信每個人都曾經歷過疾病，那怕是最頂尖的醫學專家。對每個人來講，醫生是他們生命的守護天使。

近期，突然性的非典型肺炎在香港及世界蔓延，廣大醫務人員戰鬥在第一線，發揮了忘我與奉獻精神。為拯救病人，研究病理，找到病源，防止擴散而日以繼夜的工作，他們的神祁、情操及富有成效的努力，將擊退“敵人”，保衛香港。此時此刻再次鑑証醫生之偉大及培育優秀醫務人員的神聖。

創辦胡應湘夫人(鄭秀萍)學者獎學金的意見，源於我丈夫的兄長胡應洲醫生(Dr Clyde Wu)，他是一位心臟病專家，60年代曾在香港大學任職。這獎學金計劃給予內地醫生來港受訓的機會。希望能藉此為中國培訓更優秀的醫生，並為推動中國醫療系統的發展作出一些實際的貢獻。

至今超過100個專家已在醫學院完成學習，其中不少得到了其他獎學金，並繼續進行研究工作。有些成為世界一流大學的教授。更重要的是大部份的醫生回到中國，開始訓練其他醫生，或在修讀其他課程，學業有成，學以致用，已成為醫學界的骨幹，我實在為這些獎學金得主的成就感到鼓舞和驕傲。

能維持這個計劃的高水平，其中一個主要原因是評審的程序。獎學金計劃的行政人員與各院校的部門主任緊密溝通，以選出對他們的專業有深入見解，並能與學院的其他成員和病人互相溝通的候選人。

我特別多謝胡應洲醫生(Dr Clyde Wu)，他向我提出這個建議，並於每年前往北京擔任評選工作，最初與歐高義教授(Professor Clive W Ogle)合作，1999年歐高義教授退休後，則由梁協孫教授(Professor Raymond HS Liang)協助選出最優秀的候選人。此外，我還要多謝周肇平教授(Professor SP Chow)、林兆鑫教授(Professor SK Lam)和梁智仁教授(Professor John CY Leong)，以及曾協助這計劃的香港大學醫學院同事。

最後，我亦多謝各參加者，因為他們來自不同的部門，擁有好多方面的經驗，他們與香港的醫生能分享內地和香港的經驗，使醫學院成為一個有效的交流地。

我深感榮幸，能為香港和祖國醫學界的發展作出一點貢獻。

胡應湘
胡應湘夫人

Lady Ivy Wu
MESSAGE FROM THE CHAIRMAN OF THE COMMITTEE OF MANAGEMENT

It is indeed my honour to have served as the Chairman of the Committee of Management of the Mrs Ivy Wu Fellowships since the inception of the Programme in 1994/95. Now that the Programme has reached its grand finale with the intake in 2002/03, if I may look back, with nostalgia, to the past 9 years, I am still amazed at how much the Fellowships Programme has achieved in such a short span of time. Not only is the Mrs Ivy Wu Fellowships Programme very well known in the Mainland, but it is also held in high esteem by the major medical schools and affiliated hospitals.

Perhaps it is not necessary for me to emphasize the achievements of the Fellowships Programme in providing training to promising young researchers from the Mainland in the Faculty of Medicine. During the past 9 years, the Fellowships Programme has nurtured 112 researchers for our country. Without the generous donation of Sir Gordon and Lady Ivy Wu, this group of young leaders for tomorrow would not have been able to gain exposure to the most advanced research techniques and methodologies in the state-of-the-art laboratory settings in our Faculty.

Another major objective of the Fellowships Programme was to identify and encourage suitable candidates to undertake higher degree studies in The University of Hong Kong. The Programme is hugely successful in this respect as over 40% of the Fellows have joined our MPhil or PhD programmes. It is worth noting that their admissions to the higher degree programmes were by no means automatic, since competition for admission to the Faculty has always been extremely keen, or to be exact, fierce. Those Fellows had to compete with a pool of excellent local, Mainland and overseas candidates in the admission exercises. Their success in the admission exercises is certainly no small achievement, for it attests to their good academic qualities and outstanding potential to become mature scientists.

Anyone who has experience in any kind of selection exercises would appreciate that finding outstanding and promising people is something easier said than done. The success of the Mrs Ivy Wu Fellowships Programme can be attributed largely to its vigorous selection procedures. Interview of those candidates shortlisted by the Departments was conducted in Beijing each year. I would like to record grateful thanks to Professor Wu Bing-Quan of the Beijing Medical University for arranging the interviews. I was involved in the interview of the first batch of candidates in Beijing for the 1994/95 intake,
together with Dr Clyde Wu, representative of the Donors. I can still recall vividly from my memory as to how vigorous the interview was carried out, how difficult Dr Wu's questions were, and how impressive the performance of the Fellows who were finally selected had been. Professor Clive Ogle, and later Professor Raymond Liang were heavily involved in subsequent interviews. The concepts, selection criteria and procedures, as well as the administration of the Mrs Ivy Wu Fellowships Programme, will certainly be excellent models for other fellowship programmes in future.

I think what makes the Mrs Ivy Wu Fellowships Programme so distinguished is the care and passion of Lady Ivy Wu and Dr Clyde Wu. Not only did they donate generously to the Faculty, but they also contributed their time and energy to nurture the Fellowships Programme. In short, they care. They care about the Fellows, the Faculty, and most importantly, the advancement of medical research and services in the Mainland for the benefit of patients and the quality of life of the people in our country.

I would like to take this opportunity to thank all members of the Committee of Management for their support throughout the past years. Earlier on Miss Angela Ma, and later Miss Fontaine Au and Ms Elaine So gave unfailing administrative support to the Programme. Miss Au also played a major role in compiling this brochure. Though the Fellowships Programme has come to an end, I would like to encourage our Fellows to strengthen their networking with each other and the Faculty. I am confident that our Fellows will continue to embrace the spirit of the Mrs Ivy Wu Fellowships Programme and strive to achieve excellence in their research and clinical service for the benefit of our country and mankind.

Professor JCY Leong, OBE J.P.
Chairman
Committee of Management
Mrs Ivy Wu Fellowships for PRC Academ...
MESSAGE FROM
THE DONORS' REPRESENTATIVES

My Friends, the Ivy Wu Fellows: You have come through the “chilly” and vigorous interviews in Bei-Da. You have endured the trials and tribulations studying at Hong Kong University. You have struggled through the exotic cultural experience living in Hong Kong and being away from your loved ones. Finally, you have followed your ideals, completed your studies and returned to your units with great enthusiasm and commit yourself to make significant contribution to medicine in Motherland. All of us from the Wu Family salute you. You should be proud of your accomplishment and we are equally proud of your dedication.

In the years to come, please do continue the networking with the other Ivy Wu Fellows. Please do keep in touch with us in Hong Kong. In the near future, we hope we will have opportunities to reconvene with some of you and learn of your latest progress.

It is our privilege to associate with you. Good Luck.

Clyde Wu, MD

Mrs Helen Tsang Wu
Introduction

Following the cessation of the China Medical Board Fellowships, Professor Ma Ho-Kei, the then Dean of the Faculty of Medicine, was instrumental in initiating the formation of a new fellowships programme. In 1993, the Faculty of Medicine secured a donation from Mr and Mrs Gordon YS Wu (now Sir Gordon and Lady Ivy Wu) for the establishment of a fellowships programme for academics from the People's Republic of China. This programme, entitled the "Mrs Ivy Wu Fellowships for PRC Academics", was established in recognition of the potential shown by the Faculty of Medicine of The University of Hong Kong as a regional centre for the training of medical teachers, basic medical and clinical scientists, clinical specialists, and experts in the areas of health care and life sciences. During the past 9 years from 1994/95 to 2002/03, the Fellowships programme has enabled 112 selected academics from major medical institutions and their affiliated teaching hospitals in the Mainland to come to Hong Kong for special studies in the preclinical or clinical Departments of the Medical Faculty. Due to some late arrivals, the last few Fellows of the 2002/03 batch are expected to complete their special studies in March 2004 at the latest.

From 1994/95 to 2000/01, the Fellowships programme provided up to 15 awards annually for a period of up to 6 months of special studies, but in view of the feedback from the Fellows for a longer period of training, Lady Ivy Wu generously agreed to extend the period of each Fellowship to 12 months from 2001/02.

The Fellowships were open to graduates who were also members of staff nominated by the Heads of their institutions. Nominating institutions were from a list of medical institutions in the Mainland, which was approved, from time to time, by the Committee of Management of the Mrs Ivy Wu Fellowships Programme. Candidates wishing to pursue, and had permission from their institutions to undertake, higher degrees by research in the Faculty after completing their special studies, were given preference in the selection.

All administrative arrangements were handled by the School of Postgraduate Medical Education and Training (SPMET) of the Faculty, and following the disestablishment of the SPMET in October 1999, by the Faculty Office.

Objectives of the Fellowship

The overall intention of the donors of the Mrs Ivy Wu Fellowships was to help improve the effectiveness and quality of medical education in the Mainland. It was with this goal in mind that promising medical academics, nominated by their Deans/Heads, were given the chance to come to the Medical Faculty to undergo training on aspects which their home institutions wished to develop further. After completing
their Fellowships, some candidates who had demonstrated potentials for higher degree studies, and who were supported by their host Departments, were given the opportunity to register for MPhil or PhD degrees in the Faculty. More specifically, the Fellowships programme aimed to contribute to the following:

a) Provision of advanced training in the applicant's selected preclinical or clinical discipline.

b) The expertise acquired from the training was expected to improve teaching, research and/or clinical service in the home institution of the Fellow. The Fellowship was awarded to applicants whose qualities indicated that they had potentials to be leaders in their areas of specialisation and in other academic functions.

c) Fellows were expected to play a specified active role in the stated expectations of their home institutions.

d) On their return, Fellows were expected to impart to their colleagues the skills they had acquired, and to generate or facilitate research and other academic activities between their home institutions and the host Departments in the Faculty.

e) To enable senior academics, who were usually well-established outstanding researchers and clinicians to carry out pre-planned collaborative basic or clinical research with staff in the host Departments at the Medical Faculty. The host Departments were also expected to benefit from the expertise of these Fellows, and to strengthen collaborative academic ties.

f) Provision of management training in clinical specialities as requested by certain nominating institutions.

g) During their special studies, the Fellows were provided with accommodation managed by the University's Robert Black College. They therefore had the opportunity to meet residents who came from all over the world. Such experience was of general educational benefit, as it facilitated academic and social interactions between the Fellows and the other residents.

Management of the Fellowship

A Committee of Management (Committee) of the Fellowship was established to select the Fellows and administer the funds; terminate a Fellowship if the progress of a Fellow was considered unsatisfactory; and report to the Medical Faculty Board whether the Fellowships had been satisfactorily used.

Each Fellowship award carried the following emoluments:

a) return train fare from the Fellow's institution to Hong Kong;

b) living allowance (adjusted from HK$3,300 to HK$3,500 per month from 2001/02);
c) book allowance of HK$800;

d) accommodation arranged by the University.

Other benefits are listed below:

e) Up to HK$10,000 might be provided, at the discretion of the Committee, for the cost of approved expendable supplies and equipment, which was paid directly to the host Department of the Fellow.

f) Medical care under the University's Student Health Scheme during the period of special studies in the University and insurance cover for dismemberment or accidental death amounting to HK$50,000 during travel related to the Fellowship, and throughout its tenure.

Selection Procedures

Apart from inviting nominations from the Deans/Heads of major medical teaching institutions and their affiliated hospitals in the Mainland, the Fellowships Programme was advertised in eight major medical journals in the Mainland, which was arranged by Professor Wu Bing-Quan of the Beijing Medical University. Applicants had to be nominated by their institutions, and direct applications from the candidates were not accepted.

All applications received by the closing date at the end of June were initially screened by Dr Clyde Wu (the donors' representative) before shortlisting and prioritisation by the appropriate Departments in the Faculty. After approval of the shortlist by the Committee, the candidates were interviewed in Beijing, normally in mid-November of the year preceding the September intake of the following academic year, by Dr Clyde Wu and Mrs Helen Wu, together with Professor CW Ogle, Deputy Director of the SPMET, and following the disestablishment of the SPMET in 1999, with Professor RHS Liang, a member of the Committee. Arrangements for the shortlisted applicants to go to Beijing were made by Professor Wu Bing-Quan (Director of the Cancer Research Centre and formerly Dean of School of Basic Medical Sciences) of the Beijing Medical University.

The list of selected candidates and reserves was then submitted to the Committee for approval. Candidates accepting the offer were expected to arrive in Hong Kong by September 1 of the academic year. Receptions were held around late November each year to welcome the new Fellows. These receptions were attended by Lady Ivy Wu, Dr and Mrs Clyde Wu, the Dean of Medicine, members of the Committee, officials from the Education, Science and Technology Department of the Liaison Office of the Central People's Government in the HKSAR, the Heads of the host Departments, the Supervisors of the Fellows, ex-Fellows, as well as other interested academic staff.
Selection Criteria

Over the years, apart from the needs of the nominating institutions, certain selection criteria had emerged based on the experience in interviewing and an empirical approach after evaluating the type and quality of the candidates selected, as well as feedback from current and past Fellows. These criteria were not absolute and were sometimes modified to accommodate special cases. Candidates awarded the Fellowships could be broadly divided into the following categories:

1. Those wishing to undertake only special studies in a clinical subject or preclinical area.

2. Candidates wishing to pursue a higher degree after completing the clinical or preclinical special studies.

3. Senior clinical or preclinical academics wishing to undertake collaborative research. These applicants usually had already communicated with their host Departments regarding mutual plans, or might have already commenced collaborative work. These were special cases where the skills they had to offer would be beneficial to the host Departments, which would also reciprocate to the advantage of the applicants.

4. Applicants with at least 6-8 years of experience in their research/clinical activities who held middle-management posts in their home Departments. These academics were usually in a position to exert a beneficial influence on their junior staff.

Generally, all applicants (except those in the last two categories above) must have at least 2 to 3 years of experience in the area they wished to undertake their special studies in. Applicants must be clear about what they had achieved in their home institutions; be able to relate their current work to what they planned to do in Hong Kong; be familiar with the teaching and research activities of their host Departments; be clear about what they proposed to do when they returned to their host institutions; and whether there were any plans for them by their institutions.

The Deans/Heads of the nominating medical schools and affiliated teaching hospitals were required to outline the reasons for their nominations and the educational objectives to be achieved, during the applicants' special study periods. They were also required to indicate their plans for their nominees after they returned, following which the Fellows were expected to serve their nominating institutions for a period of not less than 3 years.

An important factor guiding selection was the type of medical institution the applicant came from; a hospital which was not affiliated to a medical school, especially when situated in a remote area, was less likely to receive favourable consideration. Other factors would be whether the teaching institution had a high standing in the Mainland, the quality of teaching, research and clinical service that was provided, what impact the applicant's acquired expertise would have in relation to undergraduate and postgraduate training after returning to the home institution, and any defined role the applicant would play in the academic activities of his/her institution.
Attention was also paid to the eloquence of the interviewees, especially in relation to professional knowledge of their areas of academic and research interests. Applicants lacking innovative ideas and whose research was limited to following the instructions of their professors and other senior staff (i.e. working like technicians) were usually not viewed favourably. A reasonable standard of spoken and written English was expected, and selected candidates were strongly encouraged to obtain at least a minimum score of 550 in their TOEFL examination (or other comparable method of assessment), especially if they planned to study for a higher degree after completing their Fellowships.

**Continuous Quality Assurance Process**

Feedback on the effectiveness of the special studies and other aspects of the Fellowship was obtained by distributing questionnaires to the Fellows shortly before they finished their tenure.

Supervisors of the Fellows were required to submit reports to the Committee, within one month of the completion of the Fellows' special studies, with sufficient details to enable the Committee to evaluate the fruitfulness of the programme for the Fellows.

**Highlights of Achievements**

During the 9 years from 1994/95 to 2002/03, the Fellowships had received a total of 658 applications, of which 302 (46%) were shortlisted for interview and 112 (17%) awarded. Of the 112 awards, 93 (83%) were for clinical and 18 (16%) for preclinical studies, as well as one for medical education. There was no predetermined quota for each receiving Department, since selection was based on the candidates' qualities on a competitive basis. In aggregate the Department of Medicine had the largest number of Fellows (22%), followed by the Departments of Obstetrics and Gynaecology (16%), and Pathology (9%).

![Number of Mrs Ivy Wu Fellows by Departments 1994/1995 - 2002/2003](image)
In line with the spirit to encourage Fellows to pursue higher degree studies upon completion of their Fellowships and to enable them to obtain maximum benefit from their time spent in the Faculty, starting from 2000/01, they were encouraged to take selected modules under the Master of Medical Sciences (MMedSc) programme as Special Students, in addition to their research training. The MMedSc coursework modules enabled the Fellows to gain updated knowledge in the various rapidly developing frontiers of biomedical science and research methods. The fees of $200 per 20-hour module were again covered by the Fellowships Programme. Of the 36 Fellows since 2000/01, a total of 27 (75%) had so far benefited from this arrangement. The most popular modules taken by the Fellows included "Laboratory Methods and Instrumentation", "Statistical Methods", "Clinical Trials Research Methodology", "Practical Bioinformatics" and "Working with Genes and Proteins".

So far 45 Fellows (40%) had moved on to pursue higher degrees studies in the Faculty, of which 33 (73%) enrolled in the PhD programme, 11 (24%) in the MPhil programme, and one in the Master of Medical Sciences (MMedSc) programme.


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<tr>
<th>Year</th>
<th>No. of Applications</th>
<th>Shortlisted Interviews</th>
<th>Awards Granted</th>
<th>Higher Degree Studies</th>
<th>Returned to HRC</th>
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<td></td>
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<td>Clinical</td>
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<td>Others</td>
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<td>1994/1995</td>
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<td>1995/1996</td>
<td>51</td>
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<td>1996/1997</td>
<td>56</td>
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<td>14</td>
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<td>83</td>
<td>40</td>
<td>13</td>
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<td>41</td>
<td>14</td>
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<td>118</td>
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<td>115</td>
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<td>10</td>
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<tr>
<td>2002/2003</td>
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<td>30</td>
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<td><strong>Total</strong></td>
<td><strong>658</strong></td>
<td><strong>302</strong></td>
<td><strong>93</strong></td>
<td><strong>18</strong></td>
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The Mrs Ivy Wu Fellowships programme became widely known in the Mainland shortly after its launch in 1994/95. Most of the Fellows came from medical institutions in Beijing (34%), Shanghai (15%) and Guangzhou (13%), but during the recent years, there was an increasing number coming from institutions throughout the Mainland. The major medical universities and their affiliated teaching hospitals valued the opportunities provided by the Fellowships Programme, and nominated high quality researchers, many of whom showed great potentials to develop their areas of specialisation if given the opportunity to blossom with further training. As a result, the competition for the Fellowships had become progressively keener each year. During the past 9 years, the Beijing Medical University (now integrated with the Peking University) had obtained the largest number of awards under the Fellowships Programme (14%), followed by the Peking Union Medical College & Chinese Academy of Medical Sciences (12%), and the Sun Yat Sen University of Medical Sciences (7%).
While the Fellowships Programme has reached its grand finale in 2002/03, the donors and the Committee were keen to build up a network of Mrs Ivy Wu Fellows for the Faculty for the purpose of continuous academic exchange between Hong Kong and the Mainland. The network would also facilitate the Fellows to communicate among themselves with a view to establishing collaborative research pursuits. A website for such networking purpose was launched in March 2003 (http://www.hku.hk/facmed/research/ivywu/). It can also be accessed via the research website of the Faculty of Medicine (http://www.hku.hk/facmed/research/).

The Medical Faculty of the University of Hong Kong is honoured to have been entrusted by the donors to train the Mrs Ivy Wu Fellows during the past 9 successful years.
Dr QU Xuedong (瞿學棟), Department of Medicine, 1994/1995:

感謝Mrs Ivy Wu基金提供支持有幸到香港大學醫學院學習。感謝余敏靈、歐高義教授等人的關心與指導。

Dr LIAO Weiming (廖威明), Department of Orthopaedic Surgery, 1996/1997:

1996年9月~1997年3月我在Mrs Ivy Wu Fellowships的資助下，在香港大學骨科系進行科研和進修學習，在此期間，導師周肇平教授給予了熱情的幫助和悉心的指導，系主任梁智仁教授給予了我大力的支持，使我完成了“骨肉瘤癌基因蛋白表達與臨床相關性”和“運動對骨質疏鬆影響”的兩項研究，有6篇論文分別發表在ORTHOPEDICS、中華骨科雜志、中國骨質疏鬆雜志、癌症(中國)雜志、中山醫科大學學報和醫用生物力學雜志。進修期間在周肇平教授和鄭偉民醫生的指導下申報香港大學CRCG基金獲得批准。

學習期間，我還參加了臨床病例討論、學術講座和觀摩手術，得到了曲廣棟醫生、葉平醫生、潘德磷醫生、葉永亮醫生，以及實驗室技術人員的幫助和支持，獲得很大的收益。

返回廣州中山醫科大學附屬第一醫院後，繼續延伸相關研究，將所學知識應用於臨床實踐，取得成效。1998年獲得衛生部優秀青年科技人才專項基金，廣東省科委科技重點攻關基金，接著獲得了國家自然科學基金，98年破格晉升教授。回顧歷程，深深感謝Mrs Ivy Wu Fellowships資助我在香港大學的學習與科研，感謝香港大學給予我的幫助。

Dr ZHENG Jianping (鄭建萍), Department of Community Medicine, 1996/1997:

Mrs Ivy Wu Fellowships gave me the first chance to explore the world outside Mainland China, with this chance of studying in the University of Hong Kong. I had experienced a totally different concept of thinking of life and my eyes started to open. Before going to Hong Kong, I was working in a hospital where women were considered inferior to men, even if they were excellent academically, they did not have the equal right (the same respect) as men for accommodation which was so crucial to everyone, but in the University of Hong Kong, I received the real (true) respect from the Director and colleagues of the Department and Faculty. The experience of being Mrs Ivy Wu Fellow helped me to build up my self-esteem, and understand we can have choice of our life, and we have the right to be happy and choose the career that best matches our potential, talent and interest. My present work is to help to raise up healthy child psychologically, and I am very happy with this job. Thanks to Lady Ivy Wu!
Dr CHEN Pingyan (陳平雁), Department of Community Medicine, 1997/1998:

這是一段值得永遠懷念的日子。

Dr GUO Lanting (郭蘭婷), Department of Psychiatry, 1998/1999:

為香港大學和華西醫科大學之間架起了一座學術交流、情感溝通的橋樑，我們共同發表學術論文，翻譯出版學術專著《成人精神病學》，開展學術交流活動。因此，我非常感謝您們給我提供了到香港大學精神科學習的機會。

Dr MAO Yueshi (毛悅時), Department of Medicine, 1998/1999:

Mrs Ivy Wu Fellowships indeed benefit me a lot in my career development. During my half-year's training in the Department of Neurology, Queen Mary Hospital and University of Hong Kong, I learnt a great deal of professional knowledge, the most advanced diagnostic and treatment methods, which benefit my patients later. Besides, the most wonderful thing of the fellowship is that it broadened our vision, and helped us to have new scientific ideas. Upon completing the fellowship, I became a regular member of the International Association for the Study of Pain (IASP), which is a famous association, and attended its two conferences, the 9th and 10th World Congress on Pain, in Vienna and San Diego, respectively. Furthermore, the Department of Neuropharmacology, University of Utah in USA offered me full scholarship as a visiting scholar last year based on my academic excellence and outstanding background, the most important being the Mrs Ivy Wu Fellowship training. And in my home hospital in Shanghai, I was awarded "Outstanding Young Doctor" and is one of the most excellent doctors in my Department. All in all, I wish to express my gratitude to the Mrs Ivy Wu Fellowship Committee, Faculty of Medicine!

Dr SHEN Zhujun (沈珠軍), Department of Medicine, 1998/1999:

This is the first time for me as one of the Mrs Ivy Wu Fellows to communicate with the Fellowship Committee after finishing my training in Queen Mary Hospital. I would like to thank Mrs Ivy Wu and Dr Clyde Wu for their kindness to provide such a precious opportunity for doctors and scientists from the Mainland to receive training in Hong Kong. I had done some interventional procedures before I went to Hong Kong in 1998. But half year's training under Professors David Ho and CP Lau benefits me a lot. Drs WH Chen and PY Lee also gave me a lot of help. After coming back to my hospital, I have done a lot of work on coronary intervention and peripheral artery intervention, which is the continuation of the training programme.
Dr CHEN Hong (陳虹), Department of Anatomy, 1999/2000:

I'm very grateful to be a Mrs Ivy Wu Fellow. I want to say this with my heart, being a Mrs Ivy Wu Fellow was the most important thing in my life. I want to thank Lady Ivy Wu for giving me a chance to visit HKU, to learn more techniques in the Faculty of Medicine, to meet so many nice people in the Faculty of Medicine and Department of Anatomy. It makes me understand how to make myself to be an asset for my home University. In terms of culture, I learned about the difference between the West and East and learned how to communicate with foreigners. In research, I learned how to explore my deepest potential and how to be a real scientist. Now, I think I have grown up and become mature in my career after this good fellowship programme. And I continue to pursue the PhD study in HKU. I believe I'll remember each day in the past when I was a Mrs Ivy Wu Fellow in my whole life. Lastly, thanks Lady Ivy Wu and your family and HKU.

Dr CHEN Jie (陳杰), Department of Surgery, 1999/2000:

During my Mrs Ivy Wu study period at the Division of Urology, Queen Mary Hospital, I learned a lot from Dr PC Tam. His scientific attitude to research work and skillful endourological techniques impressed me deeply. But I supposed it would be even better, if more practising opportunities could be given to the clinical fellows.

Dr WANG Xuelai (王雪莱), Department of Medicine, 1999/2000:

I am from Shenzhen, China. I was a Mrs Ivy Wu Fellow in 1999/2000. Now I am doing an MPhil in the Department of Community Medicine. The purpose of my message is to show my deep appreciation to Lady Ivy Wu, Dr Wu and Mrs Wu for your donation, which allows young medical scholars in China like me to study at HKU Faculty of Medicine. Your donation provided the support for me to commence specialist studies in Cardiology for 6 months in 1999. During these studies, I became more interested in the area of Cardiac Rehabilitation and Preventive Cardiology. This fellowship led me into further studying of health psychology and comprehensive cardiac rehabilitation, so I am now an MPhil student.
in Community Medicine at HKU, studying relationship between psychological factors and cardiovascular diseases, i.e. Psycho-cardiology, a brand new science of combination of cardiology and psychology. I believe that this study will lead to the development of programmes for better quality of living for cardiovascular as well as other patients in China in the future. I believe the same feeling and appreciation is also spelt out from the other Mrs Ivy Wu Fellows. Thank you Lady Ivy Wu, Dr Wu and Mrs Wu for your kind donation and I am pleased to report my progress to continue my studies in medical practices.

Dr XIE Dan (謝丹), Department of Pathology, 1999/2000:

I was one of the Mrs Ivy Wu Fellow in 1999-2000, from Sun Yat-sen University, Guangzhou. I am now studying and working in the Department of Clinical Oncology, and focus my work in the field of cancer research. It is definite that an ordinary word “Thank you” is entirely inadequate to tell you how grateful I am for being a member of this fellowship. Without this help, we will have little chance to study in this well-respected university. So, all of us are very proud of being Mrs Ivy Wu Fellows and work very hard to learn as much as possible, and we know that one of the major purposes of this fellowship is to further tighten the biomedical relationship between Hong Kong and Mainland China. Through 6 months of special studies under the instruction of our honored supervisors in different departments, we learned a lot, and what we got here does indicate that this purpose had been achieved. Besides the academic aspect, we have taken this valuable chance to get familiar with this international metropolis and this marvelous university. We enjoyed our life here, improved our English a lot, and some of us even became fluent in speaking Cantonese. Furthermore, I would like to take this chance to express our thanks to the Committee of Management. Last but not least, I would like to say thanks again to Lady Ivy Wu and her well-respected family.

Dr XU Kexin (許克新), Department of Surgery, 1999/2000:

The fellowship provided me the first chance to learn about the advanced management as well as techniques in the field of urology. I was impressed by the endoscope surgery in the Urology Division of Department of Surgery in Queen Mary Hospital. After my fellowship, I improved the techniques in the relative operations in my own department. In addition, I have also gained valuable experience in exchange with other surgeons regarding the diagnosis, therapy for some difficult cases, including the living-related renal transplantation and Tran urethral resection of prostate, which were well performed in Queen Mary Hospital, and impressed me a lot. Thanks again for the fellowship programme, especially Lady Ivy Wu herself.
Dr ZHU Yinghua (朱颖華), Department of Orthopaedic Surgery, 1999/2000:

I would like to say that "Mrs Ivy Wu Fellowships for PRC Academics" benefited me a lot in my career development in Orthopaedic Surgery. I learnt a lot in the field of Joint Replacement Surgery during the six months' time. This experience has also brought some new ideas to my home department and hospital. Now I am confirming my study here in order to gain more in research and clinical. I hope I can develop more in my professional field when I am back. I really appreciate Lady Ivy Wu for providing such a good opportunity. Also I thank all staff of the Management Committee of this fellowship for their kind help and consideration during the whole programme!

Dr CHEN Min (陳敏), Department of Obstetrics & Gynaecology, 2000/2001:

香港的學習生活使我獲益良多。開拓了視野，學會了很多新東西。在我的個人生涯中，這將是非常令人難以忘懷的一頁。

The 6 months' training in the University of Hong Kong is only a short period, but it has made a difference in our lives.

Dr GUO Hong (郭紅), Department of Medicine, 2000/2001:

I was so lucky to be Mrs Ivy Wu Fellow in 2000/2001. I found the Fellowship Programme fabulous, not only because of the chance of visiting Hong Kong, but more importantly, also because of the intellectual insights which I gained. I have benefited tremendously through the 6-month Fellowship Programme: I learnt a lot in the laboratory, not only the techniques but also the ways of thinking and doing research work. I also took part in the project by the Renal Division during my training through this Fellowship Programme, which helped me to accumulate some experience in the laboratory. Two papers (one in Chinese, another in English) have been published after my special training provided by this Fellowship. Also, the Fellowship Programme provided me a very good chance to improve my English; taking courses, attending lectures and discussing academic problems with colleagues in English. After going back to the hospital, I was promoted to be associate professor. During that interview, I presented myself and my work in English. This helped me a lot in promotion. I particularly enjoyed working with a team of creative professionals, and I was deeply inspired by their enthusiasm in work. It encouraged me to work even harder. So I decided to have further study to learn more after the completion of my special training provided by the Mrs Ivy Wu Fellowships.
Dr MA Dexian (馬德顯), Department of Pharmacology, 2000/2001:

香港印象：
在人的生命中有很多驛站可以讓人回味，2000年秋天的香港就永久地停留在我的記憶裏，成為難足
珍貴的一頁。

初到香港，老城區那老舊的木屋、京味十足的小吃店、廁所與火鍋，還有路旁小飲食店裏老闆與伙計和尚背，操勞忙碌的身影，香港
對我而言，像許許多多赴港遊客印象中的一樣，香港——繁榮，擁擠而又局促。然而，在香港大學
半年的進修學習生活，卻讓我感受更多，體味更多，香港的情，香港的景，還有香港人。

香港可以算是世界上最多元化的城市之一，每一類膚色，每一種信仰，每一個階層的人們都能找到
屬於他們的樂土。如果說這兒有春節的花市和回鄉潮，有中秋的月餅和家人團聚，也有聖誕的派對
和狂歡：如果說這兒有黃大仙廟的靈驗和香火綿綿，也有教堂的虔誠和天籟之音；如果說在街頭和
路邊走過的那些形形色色，只是香港的表象的話，在大學裏，我卻感受到更深，在那兒人們可以用
廣東話、普通話或者是他們之間願意用的任何一種語言來交流和溝通，儘管他們用同一種語言，但
英語在上課、論壇或寫報告，在那兒有來自世界各地的知名教授來講學，在那兒如果一個地道的黃種
人只會講英語就是一個高鼻子長眼睛講出一口流利的廣東話，這都沒有什麼好奇怪的，我想這就是香
港，它有海納百川的氣度。

對我而言，香港的景，不僅僅是維多利亞港妖嬈的夜景，太平山頂鳥瞰的繁星般點點燈光，更有路
旁的小道郁郁蔥蔥的小草，天星碼頭邊停靠的顏色斑駁的渡輪，薄扶林沙壇道的窄窄行人道和那份
安逸寧靜，郊野公園的粗獷和天藍，這些已經夠多了，這裡的美點，但我只是想說，它的美麗在於
天生麗質，又經細心雕琢，正所謂有所為，而又有所不為。

記得很多人都說香港人精明，我卻看到義務獻血完畢，我的同學們又悄悄回到了實驗室，繼續實
驗，雖然事前他們也仔細地向做醫生的我打聽如何如何。當美國國家機器迫降海南島的消息長篇累
見於報紙、廣播時，他們也會拽緊拳頭，憤憤的說，美國人太欺負我們中國人了，從中我體會到的
是香港人的祖國歸屬感和榮譽感。

現在，當許許多多的港人感到來自各方面競爭壓力的時候，我記得政務司司長曾蔭權的話，香港有
香港的優勢，那就是：公平、廉潔，我心中默默地祝願香港，這顆東方明珠明天會更好，更璀璨。

Dr MEI Jie (梅節), Department of Medicine, 2000/2001:

能成為Mrs Ivy Wu Fellow是我今生的幸事。當我以Mrs Ivy Wu Fellow的身份來到香港大學醫學院，
這裏先進的實驗設備，信息發達的圖書館，科學的管理體系令我大開眼界。特別是我的supervisor，
Professor Annie Kung對事業執著追求，在學術上對我的悉心指導，令我此生難忘。她的智慧，才
幹令我敬仰，在她的指導下，我的研究結果在內外發表的頂級雜誌上發表，這是我第一篇以英文
發表的文章，為我的事業開創了一個新的起點。在她的指導下，在短短半年時間內，發表了一篇
文章，一篇review，研究結果分別在美國和香港內分泌學會交流，我衷心感謝Lady Ivy Wu提供
Fellowships，感謝Mrs Ivy Wu Fellowships管理委員會的每位成員，謝謝你們對我的關心，照顧和
幫助！
Dr SHAN Jian (單健), Department of Physiology, 2000/2001:

Being an Ivy Wu Fellow, I spent 6 months in the Department of Physiology, HKU under the supervision of Professor TM Wong. This 6-month period was certainly nothing to compare with the 6 years I spent in the Peking University in terms of duration, but I am still grateful to every single day. Before coming to the University of Hong Kong, I was a clinical physician and had little experience of basic research. Professor Wong's laboratory gave me a valuable chance to learn so many things which still benefit my career today. It was almost impossible to even imagine finishing a thesis in this short 6-month period, but through the guidance of Professor Wong, I made it and my paper was published in the European Journal of Physiology finally. Before this my thesis had won the innovation prize of PKU among graduate students. My colleagues and teachers in PKU always say that I was on the fast track. Is it only a fast track? Of course not, what I had learnt in HKU were not only the basic research techniques and thoughts, but also your campus culture, the spirits of HKU, the academic freedom and open-mindedness. From this culture, I can feel both the spirits of Western style and Chinese style in teaching and learning. Once Professor Wong took me to his discussion class, ten talented medical students gave me very deep impression and I told almost everyone of my college that the medical students of HKU were the best that I had ever met. Besides, the reformed medical education curriculum is a great idea to train the best doctors.

Dr HU Xiaotong (胡曉彤), Department of Medicine, 2001/2002:

For me, the training under the Mrs Ivy Wu Fellowships is a valuable part of my experience. It kept me up-to-date with international developments, provided training workshops and induction programmes and invited distinguished academics to visit and interact with us. I also benefited from the University library and other facilities. Now, I'm a PhD student. I believe HKU will offer me a good chance to expand my creative capacities. And what I have learned in my research will enable me to call upon all my problem-solving skills and my ability to communicate ideas clearly and succinctly. Such skills will serve me well in the future. Thank you! Lady Ivy Wu. Thank you! Hong Kong University.

Dr LI Shanshan (李珊珊), Department of Pathology, 2001/2002:

非常感激Lady Ivy Wu给我提供的这样一次学习机会,使我能有机会进一步深化并参与香港大学的一些科学研究。非常感激我的supervisor,病理系的Dr Annie Cheung给予我各方面的照顾,从她身上看到了香港人的敬业和对事业孜孜不倦的追求。也非常感谢Ms Elaine Sc在多方面的帮助,在我遇到困难时,她总能想出方法帮我解决。今年的常熟必将是我今后事业带来很大的帮助。我期待有更多的机会与香港大学合作。感谢Committee的厚爱。
Dr LIANG Ying (梁瑛), Department of Paediatrics & Adolescent Medicine, 2001/2002:

The Mrs Ivy Wu Fellowship provides me a chance to learn to do research work and make friends with a lot of people, including the supervisor of my PhD programme, Dr SY Chan and my colleagues in the lab, who always give me a lot of help and instructions. It is the Mrs Ivy Wu Fellowship that has contributed to my successful application of the PhD programme in the University of Hong Kong.

Dr WANG Yue (王悦), Department of Obstetrics & Gynaecology, 2001/2002:

I am sad to learn about the end of the Ivy Wu Fellowship programme. This programme is just like a bridge between the Mainland and Hong Kong. Many clinicians, like myself, have benefited from it. During the period as a fellow, when we were enjoying the different culture and trying to comprehend a different society, we obtained invaluable advanced professional knowledge. All these not only served as a basic start to my future PhD study in Hong Kong University, but also created life experience which will also benefit my future career. So I am grateful to Lady Ivy Wu and the University of Hong Kong.
THOSE WERE THE DAYS

1994-1995

94  95  96  97  98