# Perceived drinking prevalence in adolescents, parents, teachers and doctors, and its association with adolescent drinking and intention to drink



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Would doctors', teachers', and HK parents' drinking be associated with adolescent drinking?



# What is known?

Adolescents often overestimate how common their peers drink, and such normative misperception could encourage drinking

## What is unknown?

Perceived drinking prevalence of *doctors*, *teachers*, *and Hong Kong parents*?



Adolescent drinking





#### Methods

### Study design and subjects



- •Cross-sectional and school-based survey in 2012/3
- •23022 (52% boys; mean age 14.7, SD 1.8) adolescents

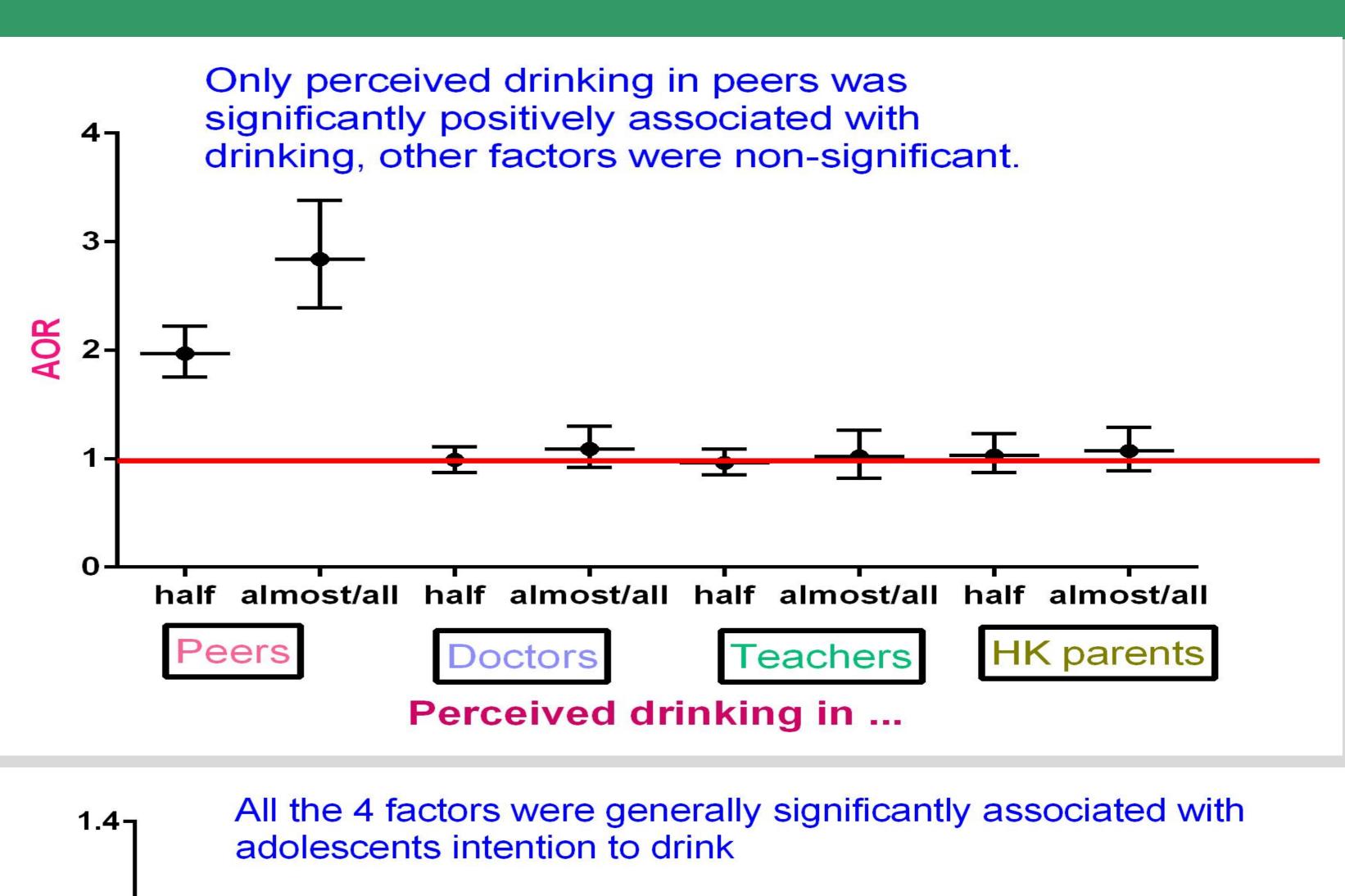
#### Measures:

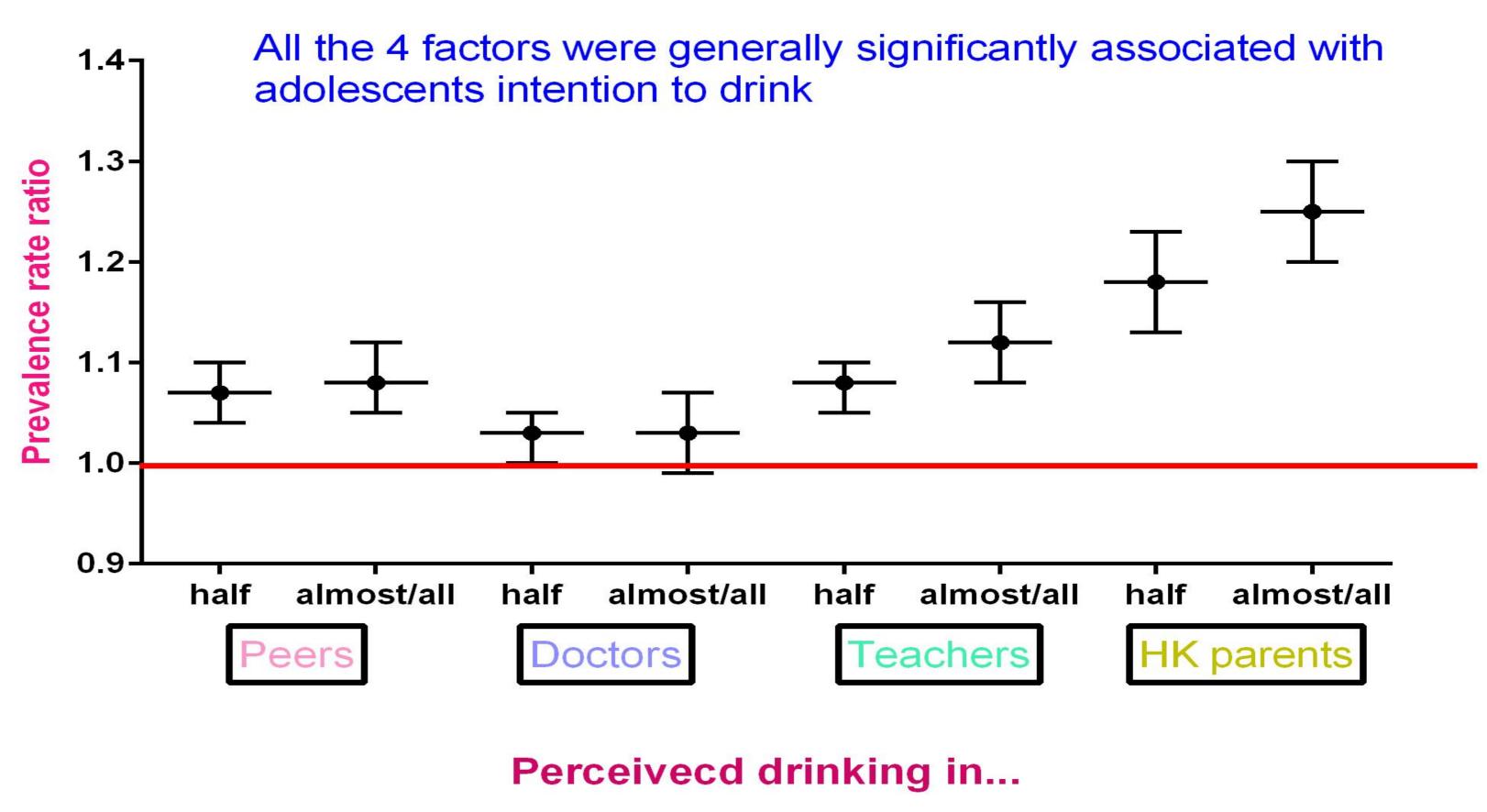
- •Drinking status, "I drink currently" = drinkers
- Intention to drink
- •Students' perceived drinking prevalence in (1) peers,
- (2) teachers, (3) doctors, and (4) Hong Kong parents: responses were categorized as "none/some" (reference), "half", "almost/all"

#### **Statistical methods**

- •Adjusted odds ratio (AOR) from Logistic regression
- •Prevalence rate ratio from Cox regression
- •Adjusting for socio-demographic characteristics and school clustering effect.

#### Results





**Key message:** Parents, teachers and doctors should be aware of the potential influence of their drinking behaviours on adolescent intention to drink.

## Conclusions

- 1. Alcohol drinking in Hong Kong adolescents was significantly associated with higher perceived drinking prevalence in adolescents, but not in parents, teachers and doctors.
- 2. However, higher perceived prevalence of drinking in each of the above groups was significantly, although weakly, associated with the intention to drink in adolescents.

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