



抗疫找不同 Spot the difference

以下兩幅圖畫共有10處不同，你能找到嗎？

Can you identify the 10 differences between two photos below?



依照「健康飲食金字塔」原則飲食，切忌偏食。攝取均衡營養，才能維持抵抗力，保持身體健康。

A balanced diet is key to maintaining immunity and staying healthy. Use the “Healthy Eating Pyramid” as a guide, and make sure to avoid picky eating.