# Easy Guide: Online Portal for Counselling Services Homepage



#### Welcome to Your Portal

This site is designed to help HKUMed Students interact more conveniently and efficiently with HKUMed's Student Wellness Team. Using the links at the left you can:

Update your profile information

Once you log in to the system, there are four frequently used buttons:

1:Schedule a Phone Triage appointment / View your currently scheduled appointment

2: Contact your assigned counsellor

3: Complete the required forms

4: Update your personal particulars

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#### Menu bar

HKUMed Student		
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### **Profile**

HKUMed Stude						
Profile for test Patient5						
data.	and edit your personal	profile				
Profile Item	Profile Value					
Time Zone:	China Standard Time	Edit				
Date of Birth:	January 01, 1985					
Email Address:	medwell@hku.hk					
Preferred Name:	test	Edit				
Gender Identity:		Edit				
Pronouns:		Edit				
Local Phone:	123	Edit				
Mobile Phone:		Edit				
Text Messaging:	Enabled	Edit				
Preferred Communication Method:						

You can also use the menu bar button in the upper right-hand corner to view different pages of the system. Your counsellor or staff from SWT will inform you about how to use the different functions. You can update your personal particulars in the Profile section.

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#### Secure Message

HKUMed Student   Secure Messages Inbox   New Message   Refresh							
Read	From	Date	Subject				
~		04/01/2024 12:42	Read Hello				
~		04/01/2024 12:29	Read				
			Session 4/1/2024 1500 RMS				
~		12/12/2023 17:49	Read test				
~		12/12/2023 16:57	Read				

HKUMed Student					
Print Required Forms for test Patient5 Please complete the following items:					
Clearance	nee	Status	Details		
Consent for Student Wellness Counselling Service	0	Compliant	Satisfied <b>0</b>		
Notice of Alternative Arrangements under the COVID-19 Pandemic	0	Compliant	Satisfied 0		

**Required Forms** 

In the Secure Message section, you can contact your assigned counsellor. The message will only be accessible by your counsellor. For students who are using our counselling service, you will be asked to complete the forms in this section.

# Easy Guide: Online Portal for Counselling Services APPOINTMENT: BOOK YOUR TRIAGE APPOINTMENT



screening session with a duty counsellor. For existing clients, you can use this link to schedule a follow up appointment with your individual counsellor.

Alternatively, you can also email us at medwell@hku.hk or call us at **3917-9075** to schedule an appointment.

No currently scheduled appointments

As a new client to our service, you will be invited for a 15-30 minute phone triage with our Duty Counsellor.

Once you access the "Appointment" section, please select "Schedule an Appointment" and follow the instructions to book your Phone Triage appointment with our Duty Counsellors.

Students can schedule an appointment with us for the next 7 days.

If you encounter a time conflict and need to change your scheduled appointment, please go to "Appointment" section and cancel the original slot before scheduling a new alternative timeslot.

If you have any questions, please contact our team at 3917-9075 or <u>medwell@hku.hk</u>.