



*The Future of Hong Kong's Health
System...*

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The Present...

- **Health Policy:**
Bio-medical Model
- **Health = Absence of Disease(s)**



The Present (cont.)...

- **Health Care System : Disease Focused**
 - curing of diseases
 - institutionalized care
 - technology driven
- **Medical Care = Health Care**
- **Resources >>> Treatment**



The Present (cont.)...

- **Example: a client with D.M.**
- **Health Care System:**
 - **controlling of D.M.**
- **Normal functioning:**
 - **social/work/family life**
- **Functionally Healthy**
- **Productivity >>> Economy**



The Present (cont.)...

- **Resources >>> treatment of D.M.**
- **Health care professional:**
 - part of the treatment process
 - limited role to support/promote health
- **? Resources >>> sustain normal functioning & promote holistic health**



The Present (cont.)...

- **Not Effective:**
 - Sustaining Health & Productivity**
 - Maximizing the Use of Resources**



The Future...

- **a Paradigm Shift:**

Health is a positive concept emphasizing social & personal resources as well as physical capacities, and as a resource for everyday life which allows an individual/group to identify and realize aspirations, to satisfy needs, and to change or cope with the environment.

Ottawa Charter (1986)



The Future (cont.)...

- **Revisit Health Policy:**

Negative >>> Positive

- **Health Care System (Balanced):**

Curative/Preventive/Promotive

- **Re-distribution of Resources**

- **Health Care Professionals:**

Maximize their roles & functions



The Future (cont.)...

- **Policy Framework:**
 - Primary Health Care**
- **Equity (Fair Opportunity)**
- **Participation (Community Involvement & Partnership)**
- **Intersectoral Collaboration (Multidimensional & Multidisciplinary)**



The Future (cont.)...

- **Health Care System:**
 - Promotive / Supportive / Preventive /
Rehabilitative / Curative**
 - Accessible / Adequate / Acceptable /
Affordable / Suitable / Sustainable**



The Future (cont.)...

- **sounds familiar...*a Medicalized Version:***

Problem-by-problem approach

Rationalize resources

Address symptoms, Ignore causes

Medical-technical interventions focused



The Future (cont.)...

- **Comprehensive PHC:**

Holistic Functional Health

Community-controlled health needs

Root causes of ill health

Empowerment & Self-determination



The Future (cont.)...

- **It's Difficult...but if...**
- **Sustainable Health System**
- **Healthy & Productive Population**

Change yourself...

Before changing your clients