

**Course Title/Code:** Specialized Case Intervention for Psychosis (MMPH6204)

**Department:** Psychiatry

**Objective:**

Individualized casework is a widely adopted service model in working with patients with psychosis. Effective long-term casework is fundamental to the optimal care of psychotic disorder. In this module, the principles and practice of case management in psychotic disorders will be introduced, with emphasis on the ongoing knowledge and skills acquisition, as well as the development and implementation of optimal practice guidelines. Specialized case management will be considered particularly in terms of the critical period and phase-specific needs in early psychosis patients. Participants will be expected to develop professional skills such as engagement, initial assessment, risk evaluation, mental states and side-effects monitoring, crisis handling, community visits, documentation and reporting.

**Content:**

- Case management and clinical pathways in psychotic disorders
- Role of early psychosis case manager
- Engagement and initial assessment
- Principles of case management I: Monitoring and supporting
- Principles of case management II: Do's and don'ts in community service
- Risks and needs assessment and management
- Clinical records, reporting and communications
- Role play
- Working with families, career support, user involvement

**Learning Outcomes:**

**Knowledge**

- Understand the role of case manager and phase-specific case management in first-episode psychosis.
  - Understand basic principles of case management
  - Understand the importance of continuity of care
  - Appreciate the difference between early psychosis case work and generic case management
- Have basic knowledge of the risk assessment and management in psychosis patients.

**Skills**

- Familiarize with skills and approaches in engaging and assessing patients with psychosis.
- Aware of the basic skills of risk assessment and management of psychosis patients

**Prerequisite:** None

**Duration:** 1 semester; 2.5 hours/week; 24 contact hours

**Continuous assessment/examination ratio:** Continuous assessments 40%  
Written examinations 60%

**Examination method and duration:** Written examination / 1.5 hours