Course Title/Code: Public Health Nutrition (MMPH6181)

**Department:** Community Medicine

**Objectives:** By the end of the course, the students will be able to:

- 1) Interpret the functions of public health as applied to nutrition
- 2) Describe the roles of the government, NGOs in the setting of the public health nutrition system
- 3) Evaluate the nutrition-related assets and problems of a community or population with special needs
- 4) Integrate key components of public health practices, e.g. cultural competence, partnership, community participation into the planning and evaluation of a public health nutrition programme.

**Content:** 

This course will provide students an overview of the literature addressing local and global issues in nutrition. It leads students to think beyond nutrition as an individual issue but as a public health concern. Factors that will influence nutrition status of a population and techniques for assessing community nutrition needs will be explored. Various nutrition programmes will be introduced and students will have to identify their strengths and weaknesses in different contexts. It aims to equip students with a scholarly capacity for critically analyzing nutrition problems from a multi-disciplinary perspective and formulating effective public health nutrition project.

**Prerequisite:** None

**Duration**: Summer Semester; 24 contact hours

Coursework / Examination ratio: 100% in course work

Community nutrition assessment project

Note: Contact hours must be 24 hours